



A CLEAR BODY. MIND. CHOICE

# OREGON PARTNERSHIP

## OREGON PARTNERSHIP'S MILITARY HELPLINE

888-**HLP-4-VETS**  
888-457-4838

Oregon Partnership's Crisis Lines have been in operation for nearly two decades, offering 24-7 mental health crisis and suicide intervention, substance abuse crisis assistance, and services referral across the state.

And now, OP has added a Military Helpline, bridging the access-to-service gap that military service members, veterans and their families face.

OP has integrated its years of knowledge and expertise with anonymous, confidential crisis intervention and sensitivity to military specific issues.

**The Oregon Partnership Military Helpline serves its callers 24-hours a day by providing:**

- Immediate mental health and suicide crisis intervention from a team of veterans and trained volunteer crisis workers
- Three dedicated professional staff members
- Direction from an experienced team of clinical and operations professionals
- Specialized referrals to services provided by the VA, Vet Centers, and reintegration services, as well as a myriad of community based services

**Seeking services for mental health, substance abuse, and suicide prevention can be challenging for all of us.** For military service members, veterans and their families, this challenge is magnified by reintegration issues; after experiencing war, getting on with life in American society can be overwhelming. Military service members, veterans, and their families may encounter obstacles to accessing services that they find overwhelming. This overwhelming experience, and concerns about confidentiality may stop them from accessing services at all.

**Barriers to Accessing Mental Health, Substance Abuse, or Suicide Intervention Services for Military service members, veterans and their families include:**

- **Concerns about confidentiality and identification.** Service members and veterans often are required to identify themselves to VA service providers. This diminishes the sense of security that anonymity provides.
- **Lack of knowledge about VA services eligibility.** Military service members and veterans may not believe that they are eligible for VA services.
- **Concerns about showing signs of perceived weakness.** Military service members and veterans may be reluctant to reach out for help within a military culture for fear of being perceived as weak.

**Oregon Partnership's confidential Military Helpline  
is here to help 24-Hours a day...one call at a time!**